



# EPSDT Provider Training 2023

KDHE-Approved 8/21/2023

### **Objectives**

- Reinforce understanding of EPSDT in Kansas
- Describe requirements of EPSDT screenings
- Best coding practices and documentation for the EPSDT visit
- Learn Sunflower's role in provider and member support for EPSDT



## What is EPSDT?





What is Early and Periodic Screening, Diagnostic, Treatment (EPSDT)?

In Kansas, EPDST is also known as **KAN Be Healthy (KBH)** 

Goal of EPSDT is to assure that individual children get the health care they need when they need it –

- The right care
- To the right child
- At the right time
- In the right setting

Covers health services provided under the Medicaid program for Medicaid-eligible children under age 21 and CHIP children under age 19





Early: Assessing and identifying problems early

**Periodic:** Checking children's health at periodic, age-appropriate intervals

**Screening:** Providing physical, mental, developmental, dental, hearing, vision, and other screening tests to detect potential problems

**Diagnostic:** Performing diagnostic tests to follow up when a risk is identified

**Treatment:** Control, correct, or reduce health problems found



## health plan

### **EPSDT in Kansas**

Kansas requires all Medicaid coverable, appropriate, and medically necessary services needed to correct and ameliorate health conditions as described in the federal Early and Periodic Screening, Diagnostic, Treatment (EPSDT) program be provided to Medicaid beneficiaries.

Medically necessary services identified through a screening examination will be covered regardless of whether the service is covered in a state's Medicaid plan. Coverage of medically necessary services not generally covered will be subject to a prior authorization process, e.g., sleep study, applied behavior analysis, elective surgery.

### **EPSDT Medical Necessity Form**

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KanCarc nses Medical Assistance Program Phone 800-933-6593 Fax 800-913-2229		Actna Better Health of Kansas	sunflower health plan	U Healthcare Community Plan		
		PA Medical Phone 833-221-3636 PA Medical Fax 833-223-4102 PA Pharmacy Phone 833-221-3636	Sunflower PA Medical Phone 877-644-4623 PA Medical Pax 888-433-4316 PA Pharmacy Phone 877-397-9526	UHCprovider.com		
ds	may not be appropriate		PA Pharmacy Fax 833-643-2740 ease submit information based (	PA Pharmacy Fax 866-940-7328 on EPSDT considerations reflected		
		nt may be pertinent/helpful for t				
		FPSDT Medica	al Necessity Form			
	Non-Covered Sta	ate Medicaid Plan Services		nts Under 21 Years Old		
1.	Recipient information	a: This must be completed by a pl	hysician, licensed clinician or oth	er provider.		
	DATE OF BIRTH:	(mm/dd/yy	yy) MEDICAID ID NUMBER:			
	ADDRESS:					
2.	Medical Necessity: A	I requested information, includin	g CPT and HCPCS codes if applic	able, as well as provider information		
	must be complete. Ple	ase submit records that support	medical necessity.			
	TELEPHONE.		TELEPHONE			
	FAX:		FAX:			
	REQUESTED PROCEDU	JRE, PRODUCT OR SERVICE:				
	CPT/HCPCS CODE:		/			
3.	In what capacity have care.)	you treated the recipient? (Inclu	ude how long you have cared fo	r the recipient and the nature of the		
4.	What is the recipient'	s health history? (Include chroni	c illness.)			
5.	What is/are the recer recipient's current sta	nt diagnosis(es) related to this re tus.)	quest? (Include the onset and o	ourse of the disease and the		
6.				rrent treatment regimens, duration,		
	treatment goals and t	he recipient's response to treatm	ient(s).)			

	Please provide a description of how the requested procedure, product or service will correct or ameliorate the recipient' defect, physical or mental illness, or condition (the problem). ( <u>Must</u> include a detailed discussion about how the service, product or procedure will improve or maintain the recipient's health in the best condition possible, compensate for a healt problem, prevent it from worsening or prevent the development of additional health problems.)
	s this request for an experimental or investigational treatment?YESNO
	is the requested product, service or procedure considered to be <u>safe?*</u> YESNO Is the requested product, service or procedure effective?* YES NO
	Are there alternatives to the product, service or procedure requested that would be more cost effective but similarly
	medically effective?
	YESNO
	f yes, specify what alternatives are appropriate for the recipient and provide evidence base with this request, if available.
	available.
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6. What treatment has been given for the diagnosis(es) above? (Include previous and current treatment regimens, duration,

and the second states of the s

Complete form available for download through KMAP Provider Portal.



What is Not Included in EPSDT

- EPSDT Medical Necessity does not include experimental or investigational treatments, services or items not generally accepted as effective, and/or not within the normal course and duration of treatment.
- Services for caregiver or providers convenience are not allowed.
- Services may be limited in scope and duration.
- The most cost-effective treatment may be used.



# Requirements of EPSDT (KBH) Screenings



### Kansas and Medicaid Requirements for EPSDT Screenings

- Kansas follows the Bright Futures/AAP Periodicity schedule, a Centers for Medicare and Medicaid Services (CMS) approved schedule of pediatric preventive services.
- In 1990, CMS established a goal of an 80 percent enrollee participant ratio in EPDST in each state, per year. Only complete screenings may be included in this measure.
- Yearly EPSDT screenings are key to ensuring that children and adolescents receive appropriate preventive, dental, mental health, and developmental, and specialty services.









### Components of a KBH/EPSDT Exam

A KBH screen must consist of at a minimum the following:

- Medical history
- Physical growth
- Body systems
- Developmental/emotional
- Nutrition
- Health education & anticipatory guidance
- Blood lead testing
- Laboratory
- Immunizations
- Hearing screening
- Vision screening
- Dental screening

**Medical screenings (M)** must follow the KBH minimum documentation requirements when billing an E&M preventive medicine or office visit CPT code found in the CPT codebook.

Vision screenings (V) are a required component of each KBH visit. School vision screening are a separate process and are not billed by physicians.

**Hearing screenings (H)** are a required component of each KBH visit. As with vision screenings school hearing screenings are a separate process and are not billed by physicians.

**Dental screenings (D)** are a required component of each KBH visit\*

\*Only screenings performed by dentists will update the KBH screen



### KAN Be Healthy EPSDT Screening Form

#### KanCare

sunflower health plan.

#### KAN Be Healthy - Early and Periodic Screening, Diagnostic, and Treatment

Screening

Name				D	ate of	birth		Age		Date of sci	000
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	Birth-24 months										
R Height (cm/in)											
	(2-20 years)										
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KanCare

Ages 0-3: Corneal light reflex present YES NO	Ages 3-20 Bruckner exam Pass Refer
All ages	Distance acuity Score L R Both
Outer inspection	Tool used
Eye tracking	Near acuity Score L R Both
	Tool used
Ocular motility (strabismus/cross cover test)	Last exam
DENTAL	

#### It is recommended assessment preventative dental services and oral treatments begin at 6-12 months of age and repeat every 6 months or as needed. Sees dentist? Yes No Fluoride varnish? Yes No Fluoride varish? Dental referral Last dental exam dat

HEARING SCRI	EEN								
Maintain in record	d completed paper hear	ing screens a	and report or	qualifying hearing	g scre	een procedure	e and rep	oort.	
Birth-4 years	Risk Indicators for Hea	elopmental Scale	98	Pass		Refer			
4-21 years	Hearing Health History			Pass		Refer			
Screen proces	dure								
NUTRITION									
WIC participa	nt 🗌		Refe	rred to WIC					
Formula	Breastfee	eding 🗌	Amo	unt & frequency					
Number of serv									
Bread/cereal	Fruit	Vegeta	ble	Protein source	e	Dairy		Fat/sv	veet/sugar
Fluid intake per									
Water	Milk			Soda			Juice		
PHYSICAL ACT	IVITY (circle all that app	ly)							
Biking	Basketball	Skating	3	Walking		Other spo	rts	Playin	g outside
	AL/EMOTIONAL Refer relopmental screening to Include the screener's Include the screener's	ol (indicate to interpretation	ool used):	regarding meetin	ig dev	elopmental m	ilestones	8	
	Include the screeners			or document air o				IUW	
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Pregnant?	мо	YES	l If	YES, complete t	he fol	lowing:			
Prenatal vitami	ns? YES NO	Prenatal reco	ord initiated?	YES NO		Referred for 0	OB/GYN	care? YE	s 🗌 NO 🗌
Referred to:									
HEALTH EDUC	ATION & ANTICIPATOR	RY GUIDANO	E (circle all	that apply)					
Behavior/disciplin		Parenting	Oral/dental	Developmen		vsical activity		ce abuse	Nutrition
Self breast exam	Self testicular exam	Sexuality	Safety/poiso	ns Immunizatio	n W	eapon safety	Exercise	8	Lifestyle
Other									
RESULTS/PLAN	OF CARE								
Screening resu	its								
Plan/referrals (	dental, vision, hearing, d	ietary)							
Recommended	I return date								
Parent/caregiver	and/or patient informed	of KBH - EP	SDT screen	findings and vert	alizes	S YES			
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Screening provid A licensed physician,	ler signature ARNP, PA, or registered nurse	can perform KB	H - EPSDT son	eens.					
2		KBH -	EPSDT Scree	ning			Revised	1 05.2016	

#### Complete form available for download through KMAP Provider Portal.

### **EPSDT/KBH Screening Schedule**

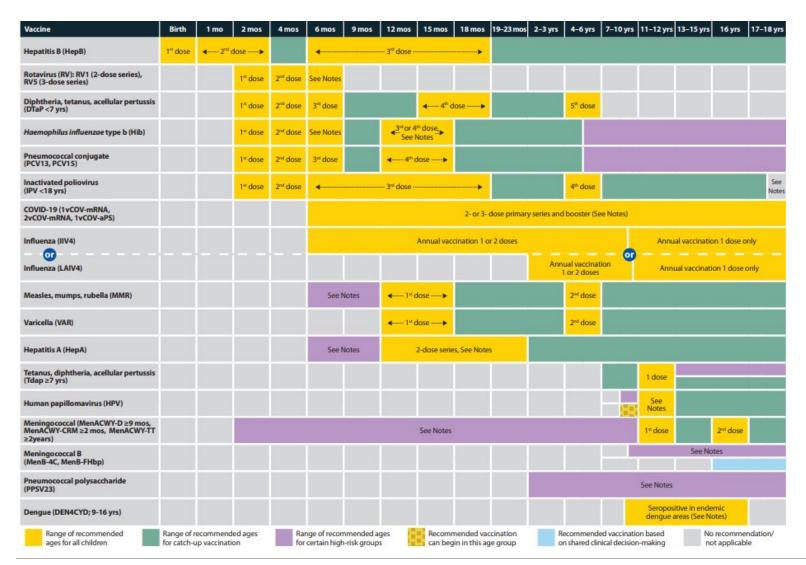
	MEDICAL	VISION	HEARING	DENTAL*
Birth	Μ	V	Н	
2-5 Days	Μ	V	Н	
2 months	Μ	V	Н	
4 months	Μ	V	Н	
6 months	Μ	V	Н	D
9 months	Μ	V	Н	D
12 months	M (include blood-lead test)	V	Н	D
15 months	Μ	V	Н	D
18 months	Μ	V	Н	D
24 months	M (include blood-lead test)	V	н	D
30 months	Μ	V	Н	D
Yearly 3-20	Μ	V	Н	D

Every KBH visit must have all components completed and documented.

\*Dental screening/attention is recommended once teeth erupt, as early as 6 months of age



### **Immunizations**



Appropriate immunizations in accordance with the schedule of pediatric vaccines established by the Advisory Committee on Immunization Practices (ACIP) is an important component of the KBH/EPSDT well-child visit.

\*Catch up schedule and further information can be found at www.cdc.gov/vaccines/schedules/hcp/imz/child-adolescent.html



Best Coding Practices and Documentation for the EPSDT Visit



### **Coding and Billing**

Claims will not recognize an EPSDT visit, unless the preventive visit codes are used correctly.

This includes the CPT<sup>®</sup> codes for:

- Well-child visit
- Lead screening (when age appropriate)
- Immunizations
- Dental screenings
- Vision screenings
- Hearing screenings

If this is not done correctly, claims will not reflect that a KBH visit was completed and the KBH data will not be updated.



### **EPSDT and HEDIS**

Although EPSDT does not necessarily have HEDIS specific measures, EPSDT is usually monitored through the NCQA HEDIS measures of:

- Well-Child Visits in the First 30 Months of Life (W30)
- Child and Adolescent Well Care Visits (WCV)
- Weight Assessment and Counseling for Nutrition and Physical Activity for Children/Adolescents (WCC)
- Childhood Immunization Status (CIS)
- Immunizations for Adolescents (IMA)
- Lead Screening in Children (LSC)
- Oral Evaluation, Dental Services (OED)
- Topical Fluoride for Children (TFC)



### Well Child Visits (W30 and WCV)

#### **MEDICAL RECORD DOCUMENTATION**

- Clearly indicate encounter is for well-child visit
- Discussion of the child's physical and behavior problems
- A health assessment and review of immunizations
- Discussion of child's health history since the last visit
- Appropriate developmental screenings
- Hearing/vision screenings
- Written instructions concerning child's care, diet, physical activity and recommendations
- Referrals when necessary

CODING

ICD-10 for well exams – Z00.00, Z00.01, Z00.110, Z00.111, Z00.121, Z00.129 W30 (0-30 months)

- 0-15 months of age 6 or more well child visits with PCP
- 15-30 months of age 2 or more well visits with PCP

**CPT Codes -** 99381-99385, 99391-99395, 99461

WCV (3-21 years of life) - One or more comprehensive well-care visits with a PCP

**CPT Codes -** 99381-99385, 99391-99395

#### **CPT Codes for screenings**

- 96110, 96112, 96113 Developmental screening (e.g., developmental milestone survey, speech and language delay screen), with scoring and documentation, per standardized instrument
- 96127 Emotional/Behavioral Assessment
- 92550-92553, 92555-92557, 92567, 92582, 92587 Hearing Screen
- 92002, 92004, 92012, 92014, 99173 Vision Screen



# Weight Assessment & Counseling for Nutrition & Physical Activity (WCC)

#### **MEDICAL RECORD DOCUMENTATION**

Monitoring ages 3-17 (minimum of once per year) of three components of care:

- BMI Percentile: Add Z68.51-Z68.54 to claim
  - Must have height and weight documented and BMI recorded as a percentile (e.g., 85th percentile)
  - Will not meet standard: notation of height/weight only (or) BMI only
- Counseling for Nutrition: Add Z71.3 to claim, CPT 97802-97804
  - Discuss daily nutrition (e.g., eating habits, dieting, intake)
  - Weight or obesity counseling or referral
  - Distribute materials on nutrition
  - Will not meet standard: documentation on "appetite"
- Counseling for Physical Activity: Add Z71.82 to claim
  - Discuss daily physical activity or exercise routine (e.g., "no sports," "physical activity: WNL," "Physical activity: active, plays sports")
  - Weight or obesity counseling or referral
  - Distribute materials on physical activity
  - Will not meet standard: documentation of "plays with peers" or "cleared for gym class"

#### CODING

WCC Component	ICD 10 Code
BMI <5th percentile	Z68.51
BMI 5th to <85th percentile	Z68.52
BMI 85th to <95th percentile	Z68.53
BMI > or = to 95th percentile	Z68.54
Nutritional Counseling	Z71.3
Physical Activity Counseling	Z71.82, Z02.5



### **Childhood Immunization Status (CIS)**

#### MEDICAL RECORD DOCUMENTATION

Immunizations are given according to AAP periodicity schedule. By age 2, child should have completed:

- Four diphtheria, tetanus and acellular pertussis (DTaP)
- Three polio (IPV)
- One measles, mumps and rubella (MMR)
- Three haemophiles influenza type B (HiB)
- Three hepatitis B (HepB)
- One chicken pox (VZV)
- Four pneumococcal conjugate (PCV)
- One hepatitis A (HepA)
- Two or three rotavirus (RV)
- Two influenza (flu) vaccines

#### CODING

### ICD-10 for all vaccines – Z23

- In order to be reimbursed for administration of VFC vaccines, the provider must bill the appropriate CPT<sup>®</sup> codes for administration and for the vaccine(s) covered under the VFC program for all children 18 years of age and younger
- Vaccine CPT code differs by type of vaccine
- Immunization Administration Codes (must be accompanied with the appropriate vaccine code for payment): 90460, 90471, 90472, 90473, 90474



### Immunizations for Adolescents (IMA)

### MEDICAL RECORD DOCUMENTATION

Immunizations are given according to AAP periodicity schedule and by the 13th birthday, the adolescent should have completed:

- One dose of meningococcal vaccine
- One tetanus, diphtheria toxoids and acellular pertussis (Tdap) vaccine
- The human papillomavirus (HPV) vaccine series (2 doses)

### CODING

### ICD-10 for all vaccines – Z23

- In order to be reimbursed for administration of VFC vaccines, the provider must bill the appropriate CPT<sup>®</sup> codes for administration and for the vaccine(s) covered under the VFC program for all children 18 years of age and younger
- Vaccine CPT code differs by type of vaccine
- Immunization Administration Codes (must be accompanied with the appropriate Vaccine code for payment): 90460, 90471, 90472, 90473, 90474



### Lead Screening in Children (LSC)

#### **MEDICAL RECORD DOCUMENTATION**

- All children enrolled in Medicaid are required to receive blood lead screening tests at ages 12 months and 24 months.
  - HEDIS guidelines require 1 blood lead test prior to 2nd birthday, but Medicaid guidelines differ and should set standard.
- In addition, any child between 24 and 72 months with no record of a previous blood lead screening test must receive one.
- Completion of a risk assessment questionnaire does not meet the Medicaid requirement.

Medical Record Documentation Needs to Reflect:

- Date the blood test was performed
- Results of findings



#### CODING

ICD-10 for lead testing ordered or performed:

- Z13.88 Encounter for screening for disorder due to exposure to contaminants
- CPT for blood lead test performed in office: 83655

### Oral Evaluation, Dental Services (OED) Topical Fluoride for Children (TFC)

#### **MEDICAL RECORD DOCUMENTATION**

Only screenings performed by dentists will update the KBH screen.

Medical providers can meet this requirement by completing the dental portion of the KBH form or by documenting in the medical record:

- Sees dentist
- Fluoride varnish
- Last dental exam date
- A dental referral was made

Dental codes allowable by primary care physicians, health departments and dental providers:

CODING

Fluoride treatment (these do not update the dental screen): D1206, D1208, 99188

Non-dental providers can apply fluoride varnish and bill using the code 99188 up to 3x per year. Refer to Health Department if fluoride varnish unavailable in physician office.



### Chlamydia Screening in Women (CHL)

While not a standard component of a EPSDT screening, according to the AAP/Bright Futures Periodicity Schedule, testing for chlamydia is indicated if an adolescent is identified as sexually active.

Providers should order an annual chlamydia screening for female patients between the ages of 15 (who turn age 16 by December 31 of the measurement year) and 24 who are present in the office for any of the following reasons:

- Any time a urine screening is performed
- Pregnancy testing
- Contraception services
- Annual gynecological exam
- Prior history of sexual abuse or assault
- Prior history of Sexually Transmitted Infections (STI)



### Chlamydia Screening in Women (CHL)

Medical Record Documentation must include:

- Date the test was performed
- Urine screen acceptable
- CPT: 81025, 84702, 84703, 87110, 87270, 87320, 87490-87492, 87810

Inform your patient this is a routine urine test. If they ask for more information, please provide it. Do not give them reasons to refuse the test. Upon recognizing a patient is at risk, the provider should offer STI prevention counseling and make a note in the chart to routinely test for chlamydia and other STIs.



### **Other Special Circumstances**

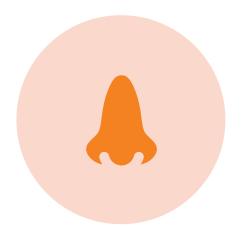
- When a child is seen for a sick visit, they also can be seen for a KBH (well-child) check. This requires all the components of the EPSDT screening to be completed and to be billed utilizing an ICD-10 code as the first diagnosis. The second diagnosis is then determined by the detected problem.
- <u>A sports physical alone will not satisfy all EPSDT/KBH requirements</u>, but a sports physical can be completed during an EPSDT visit. Consider adopting an office policy to not schedule or perform a sports physical alone unless the child had an EPSDT screening prior to May 1st. Parents and patients often do not understand that a sports physical is not the same as a well visit, so they are less likely to return for a more thorough, complete wellness exam.



### A Special Note on Upper Respiratory Infections (URI)







As a key quality measure, Sunflower monitors the percentage of members from 3 months and older who were diagnosed with an upper respiratory infection and were NOT prescribed antibiotics. Antibiotic resistance can be reduced through proper prescribing practices. Sneezing, scratchy throat and runny nose are symptoms of the common cold or upper respiratory infection (URI). <u>Typically, upper respiratory</u> <u>infections are viral and do not benefit</u> <u>from antibiotics.</u>



### URI – How Providers Can Help

Document competing diagnosis- if prescribing an antibiotic for a child who has been diagnosed with an URI and has a competing diagnosis, be sure to document the proper diagnosis code on the claim to ensure that you do not get inappropriately counted as prescribing an antibiotic for an URI.

Diagnoses Indicative of a Bacterial Infection of the Upper Respiratory Tract	ICD-10-CM	
Bacterial infection unspecified	A49, A49.8, A49.9	
Acute sinusitis	J01.00, J01.01, J01.10, J01.11, J01.2, J01.21, J01.3, J01.31, J01.4, J01.41, J01.8, J01.81, J01.9, J01.91, J00, J01.0, J01.20, J01.30, J01.40, J01.80, J01.90	
Acute pharyngitis (confirmed with strep test)	J02.0	Warrant Antibiotics
Chronic sinusitis	J32, J32.0, J32.1, J32.2, J32.3, J32.4, J32.8, J32.9	
Infections of pharynx, larynx, tonsils, adenoids	J35.01, J35.02, J35.03, J02.0, J02.8, J02.9, J03.00, J03.01, J03.80, J03.81, J03.90, J03.91, J35.0, J03, J03.0, J03.9	

Do not prescribe	Do not prescribe antibiotics for a URI diagnosis only
Explain	Explain that unnecessary antibiotics can be harmful and most URIs are caused by viruses •Only bacterial infections use antibiotic treatment •Explain that yellow or green mucus does not always indicate an infection
Refer	Refer to the illness as a 'chest cold' or viral URI and suggest at home treatment •Comfort measures (OTC medications, rest, extra fluids, steam)
Advise	Advise patient to call back if symptoms worsen (antibiotics can be prescribed, if necessary, after 3 days of initial diagnosis) •Schedule telehealth appointments for follow up if needed
Submit	Submit any comorbid/competing diagnosis codes that apply
Resubmit	Resubmit an encounter if you missed a second/competing diagnosis code



# Sunflower's Role to Support Providers and Members



### How Sunflower Engages Members to Seek Preventive Services

Sunflower uses incentives and outreach communication to our members to encourage preventive services for the health of our child/adolescent members.

- Transportation assistance via gas mileage reimbursement or non-emergency medical transportation services.
- Conduct outreach through phone calls to encourage members to access preventive care and assist with making appointments, as necessary.
- Post card mailing to members happy birthday for all members to age 21. Welcome letters are sent to the parents of babies born in the previous month.
- Automated phone call reminders are sent to the parents/guardians of children who are due for a well-child visit, encouraging them to schedule and attend the child's upcoming visit.



### My Health Pays<sup>®</sup> Healthy Rewards Program

My Health Pays<sup>®</sup> Healthy Rewards program provides financial rewards for members who seek various healthy activities. Many of the healthy activities are objectives of the EPSDT program, such as:

- \$10 per infant well-care visit up to 15 months old. (\$60 max.)
- \$15 annual well-care visit with child's primary care doctor. Ages 2-20.
- \$10 blood lead test screening. Ages 12-24 months. One per calendar year.
- \$15 for completing chlamydia testing. Ages 16-24. One per calendar year.



### **How Sunflower Supports Providers**

Sunflower Health Plan is committed to providing preventive health screenings and improving the overall health of children enrolled in its health plan. With the proportion of children in the population, the ability to impact the incidence of EPSDT screening is of vital importance to the overall health and wellbeing of our membership.

Sunflower sends HEDIS Physician Quality Reports throughout the year to providers who have at least one patient who may not be current on their well-child visits or immunizations.

Because the HEDIS Physician Quality Reports do not address all of the EPSDT components, Sunflower can give support to providers by monitoring and creating reports for EPSDT participation if requested.

The EPSDT participation reports may be helpful to providers to identify moderate to large panels of EPSDT eligible members with low participation scores. This report will be made available to requestors in order to increase communication and participation in the EPSDT program.



### Resources

- Medicaid page for Early and Periodic Screening, Diagnostic, and Treatment www.medicaid.gov/medicaid/benefits/early-and-periodic-screening-diagnostic-andtreatment/index.html
- AAP/Bright Futures Periodicity Schedule <u>https://downloads.aap.org/AAP/PDF/periodicity\_schedule.pdf</u>
- Health Resources and Services Administration, Maternal and Child Health <u>https://mchb.hrsa.gov/programs-impact/early-periodic-screening-diagnosis-treatment</u>
- KAN Be Healthy EPSDT Provider Manual <u>https://portal.kmap-state-ks.us/Documents/Provider/Provider%20Manuals/KBH\_23069\_22161.pdf</u>
- Center for Medicare and Medicaid Services; EPSDT A Guide for States <u>www.hhs.gov/guidance/sites/default/files/hhs-guidance-documents/epsdt\_coverage\_guide\_137.pdf</u>
- EPSDT Billing and Coding Tips reference guide <u>www.sunflowerhealthplan.com/content/dam/centene/sunflower/pdfs/epsdt-coding-billing-tips.pdf</u>
- Sunflower Health Plan EPSDT Provider Reference Kit <u>www.sunflowerhealthplan.com/providers/resources/forms-resources/epsdt-provider-reference-kit.html</u>
- KMAP Provider Portal <u>https://portal.kmap-state-ks.us/PublicPage/Public/ProviderHome/</u>
- CDC/ACIP Child and Adolescent Immunization Schedule <u>www.cdc.gov/vaccines/schedules/hcp/imz/child-adolescent.html</u>





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