



Johnson County Mental Health Center

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Services- Team Leader, LCSW

Mental Health Core Service Divisions



JCMHC Children's Services

Services for youth (ages 3 – 18) with emotional or behavioral disorders.

The right services in the right amount to maintain the youth in their home/community.

Case management, therapy (individual and family), medication, psychosocial groups, Parent Support and SED Waiver Services.



Therapy Services

- Individual and family therapy
- Trauma Focused Cognitive Behavioral Therapy (TF-CBT)
- Attachment-Based Family Therapy (ABFT)
- Functional Family Therapy (FFT)



Community Based Services (CBS)

Services begin by an assessment that focuses on strengths and needs of a child. Based on this assessment a case manager can be assigned. CBS included:

- **Case Management**
 - targeted case management (TCM) Community Psychiatric Support and Treatment (CPST)
 - Psychosocial Rehabilitation Individual (PRI)
 - Psychosocial Rehabilitation Groups (PRG)
 - Attendant Care (AC)
- **Home and Community Based Waiver for SED (Seriously Emotionally Disturbed) Children and Youth**



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Community Based Services (CBS)

Home and Community Based Waiver for SED (Seriously Emotionally Disturbed) Children and Youth

- Federal Medicaid waiver program
- 3-18 years old
- At risk youth
- Provide children with intensive supports to remain in home and communities based on medical necessity



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SED Waiver

- Medicaid Program
- Youth are eligible if they are at risk of psychiatric hospitalization— look at behaviors in past 3 months
- Clinically, youth must also meet criteria on two assessments. One is completed by parent (CBCL); the other is done by a mental health clinician (CAFAS)
- To financially qualify, the youth's assets and income are considered (not the family's) - Normal financial eligibility requirements are “waived”

Waiver Services

- Clients who are on the Home and Community Based Services/SED waiver are eligible for these additional services as determined by medical necessity:
 - Wraparound Facilitation
 - Attendant Care
 - Parent Support and Training
 - Short term Respite Care
 - Professional Resource Family Care
 - Independent Living Skills Building

Connecting to Services

Open Access Walk –

- a walk-in assessment, evaluation, and treatment offered by a trained mental health clinician. For individuals, families, children who are seeking immediate treatment and mental health care
- Olathe and Shawnee; Monday-Friday 9am-2pm

Call-

- Non-emergency: 913-826-4200
- -24/7 Crisis Line: 913-268-0156 or 988





Resources for families

Parent Connect/weekly parent support groups

A monthly parent support group (open to the community) focuses on teaching parents effective strategies to support their children who struggle with mental illness. Weekly parent support groups that utilize a strengths-based approach to supporting parents.

Parent Education

Parent Connect- Parenting series (open to the community) that brings community providers and parenting experts to share about specialized topics related to parenting and mental health

Family MANDT- introduces the concept that if you can manage and control yourself, then you can better interact with others. Caregivers learn about the crisis cycle and de-escalation techniques

Strengthening Families Program (SFP)

An evidence-based prevention program for parents and children ages 3-5, 6-11 and 12-16 who would benefit from additional support to promote positive behavior change.

Discussion

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Stay Connected



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www.jocogov.org/departments/mental-health



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Questions??



Thank you!