# Johnson County Mental Health Center

Tiffany Henderson, Children and Family Services- Team Leader, LSCSW



#### **Mental Health Core Service Divisions**



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### **JCMHC Children's Services**

Services for youth (ages 3 – 18) with emotional or behavioral disorders.

The right services in the right amount to maintain the youth in their home/community.

Case management, therapy (individual and family), medication, psychosocial groups, Parent Support and SED Waiver Services.





- Individual and family therapy
- Trauma Focused Cognitive Behavioral Therapy (TF-CBT)
- Attachment-Based Family Therapy (ABFT)
- Functional Family Therapy (FFT)



## **Community Based Services (CBS)**

Services begin by an assessment that focuses on strengths and needs of a child. Based on this assessment a case manager can be assigned. CBS included:

- Case Management
  - targeted case management (TCM) Community Psychiatric Support and Treatment (CPST)
  - Psychosocial Rehabilitation Individual (PRI)
  - Psychosocial Rehabilitation Groups(PRG)
  - Attendant Care (AC)
- Home and Community Based Waiver for SED (Seriously Emotionally Disturbed) Children and Youth



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## **Community Based Services (CBS)**

Home and Community Based Waiver for SED (Seriously Emotionally Disturbed) Children and Youth

- Federal Medicaid waiver program
- 3-18 years old
- At risk youth
- Provide children with intensive supports to remain in home and communities based on medical necessity



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### **SED Waiver**

- Medicaid Program
- Youth are eligible if they are at risk of psychiatric hospitalization—look at behaviors in past 3 months
- Clinically, youth must also meet criteria on two assessments. One is completed by parent (CBCL); the other is done by a mental health clinician (CAFAS)
- To financially qualify, the youth's assets and income are considered (not the family's) Normal financial eligibility requirements are "waived"

### **Waiver Services**

- Clients who are on the Home and Community Based Services/SED waiver are eligible for these additional services as determined by medical necessity:
  - Wraparound Facilitation
  - Attendant Care
  - Parent Support and Training
  - Short term Respite Care
  - Professional Resource Family Care
  - Independent Living Skills Building

### **Connecting to Services**

Open Access Walk -

- a walk-in assessment, evaluation, and treatment offered by a trained mental health clinician. For individuals, families, children who are seeking immediate treatment and mental health care
- Olathe and Shawnee; Monday-Friday 9am-2pm

Call-

- Non-emergency: 913-826-4200
- -24/7 Crisis Line: 913-268-0156 or 988





#### Parent Connect/weekly parent support groups

A monthly parent support group (open to the community) focuses on teaching parents effective strategies to support their children who struggle with mental illness. Weekly parent support groups that utilize a strengths-based approach to supporting parents.

#### **Parent Education**

Parent Connect- Parenting series (open to the community) that brings community providers and parenting experts to share about specialized topics related to parenting and mental health

Family MANDT- introduces the concept that if you can manage and control yourself, then you can better interact with others. Caregivers learn about the crisis cycle and de-escalation techniques

#### **Strengthening Families Program (SFP)**

An evidence-based prevention program for parents and children ages 3-5, 6-11 and 12-16 who would benefit from additional support to promote positive behavior change.

# Discussion

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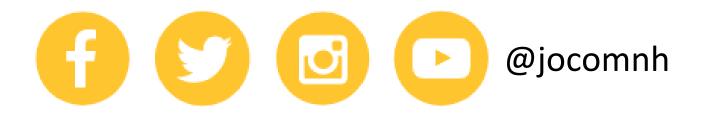






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# Thank you!