

Project ECHO: Sunflower Health Plan Case Presentation

Presentation Information

Series: Transitions from Institutions

Session: HCBS Final Rule Settings

Name: Kristin Goodfriend

Date: 6/6/2024



Patient Information

Gender: Male Female

Age: 22

Race:

- American Indian/Alaskan Native Asian Native Hawaiian/Pacific Islander Multi-racial Other
 Black/African American White/Caucasian Prefer not to say

Ethnicity:

- Hispanic/ Latino Not Hispanic/Latino Prefer not to say

Strengths and Preferences (goals, motivators, preferences, Important to the individual)

Member wants to be as "normal" as possible. He wants to have stable housing. He was living in his car with no family support. He seems to have a lot of self preservation skills. He currently is working through his debilitating headaches at BIRF rehab and continues to work hard with therapy. He wants to go back to college and complete his degree in Psych and Counseling. He is currently in college classes while at rehab and doing very well. Last semester he completed 2 classes with and A and B. He wants to be able to attend college in person and have the whole "college experience." He would love to be a part of a fraternity.

Relevant Social and Trauma History (Current living situation, employment status, pertinent legal history, level of education, relationship status, children, support system, etc.)

Member was a child in the foster system. He was adopted as a teen. Prior to his diagnosis he was living in his car and working part time washing dishes at a restaurant. Member had a HS diploma. He had friends, but his adoptive family was estranged and moving out of state.
Member has no legal history.
His main support at this time are his peers and therapists at the BIRF.

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Relevant Medical History (Diagnosis, conditions, etc.)	Medication Summary (Name, dose, frequency, route)
<p>Member has Basilar Invagination Chronic Migraine Dystonia Spinal fusion Nystagmus Clonus</p>	<p>stimulant laxative plus tablet</p> <p>POLYETH GLYC POW 3350 NF OR</p> <p>BUSPIRONE TAB 7.5MG OR</p> <p>TRAZODONE TAB 100MG OR</p> <p>FAMOTIDINE TAB 20MG OR</p> <p>ESCITALOPRAM TAB 20MG OR</p> <p>CETIRIZINE TAB 10MG OR</p> <p>BACLOFEN TAB 10MG OR</p>
Lab Summary (Test, result, date, etc.)	Toxicology Summary (Test, result, date, etc.)
<p>No abnormal labs at this time.</p>	<p>No drugs found in his system when he went to the hospital several times.</p>
Substance Use History (Substance, age of first use, age where use became problematic, longest period of sobriety, how sobriety was achieved, method of use)	
<p>None</p>	
Psychiatric History (Age of first mental health contact, past diagnosis, self-harming behavior, suicide attempts, etc.)	
<p>ADHD</p>	
Treatment Summary (Form of treatment, engagement in treatment, date entered, voluntary, etc.)	

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Member had spinal fusion and “hammock” Placed for brain protection. Admitted to BIRF for BI Therapy. Member at first, was very isolated, but made friends and a support system at the BIRF. He is working very hard though not able to walk due to his Dystonia. His is making the most of his situation and compensates well. He fully participates in his therapies despite chronic headaches and his body not always cooperating. He has been accepted to a KS University and while at rehab he was able to complete 2 college classes with an A and B.

Barriers to Treatment

Member wants to attend the university that he has been accepted to. He needs to know that there is accessible housing and that the campus is accessible for his needs. He will need to have support for his disabilities.

He will need to create a new support system and find new friends.

He is thought to continue to have the issues with his

Member has Basilar Invagination

Chronic Migraine

Dystonia

Spinal fusion

Nystagmus

Clonus