

# Project ECHO: Sunflower Health Plan Case Presentation

## Presentation Information

Series: Youth Behavioral Health Services  
Session: Specialty Clinics  
Name: Levi Baker  
Date: 9/5/2024



## Patient Information

Gender:  Male  Female

Age: 4

Race:

- American Indian/Alaskan Native Asian     Native Hawaiian/Pacific Islander     Multi-racial Other  
 Black/African American     White/Caucasian     Prefer not to say

## Ethnicity:

- Hispanic/ Latino     Not Hispanic/Latino     Prefer not to say

### Strengths and Preferences (goals, motivators, preferences, Important to the individual)

Family is very involved and motivated to seek treatment. Pt has a healthy attachment and bond with caregivers. Pt is very helpful around the house and likes to please. Pt is well mannered and works well for positive attention. Pt is emotionally regulated and eager to learn. Pt loves working with her hands and being busy. Pt is easily redirected and able to be given tasks. Pt is very friendly and likes to have 1-1 interactions.

### Relevant Social and Trauma History (Current living situation, employment status, pertinent legal history, level of education, relationship status, children, support system, etc.)

Patient is a 4-year-old African American female living with her mother, father, and younger 2-year-old sibling. Mother and father are not married. Father works outside of the home in a factory and mother is a homemaker. Patient was involved with Early Childhood services but d/c services after the rise in cost. Maternal grandmother does provide childcare from time to time. Mother and father have been together since high school but are not married. Both parents have a high school diploma. Neither parent have any legal history. The family is heavily involved in the local church. They live in a rural town and own the home.

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<b>Relevant Medical History</b> (Diagnosis, conditions, etc.) <p>Patient is a 4-year-old female who was born of natural birth and at 39 weeks and nothing of concern noted. Pt had met all developmental milestones but does present with a speech dysfluency. Pt has been seen in the ER for earaches, stomach aches, and constipation all since have resolved. Pt is presenting today with concerns for eating nonfood items.</p>	<b>Medication Summary</b> (Name, dose, frequency, route) <p>Pt is not on any current medications daily. Pt does have PRN allergy relief and MiraLAX.</p>
<b>Lab Summary</b> (Test, result, date, etc.) <p>Patient had labs taken and all came back normal including lead.</p>	<b>Toxicology Summary</b> (Test, result, date, etc.) <p>N/A</p>
<b>Substance Use History</b> (Substance, age of first use, age where use became problematic, longest period of sobriety, how sobriety was achieved, method of use) <p>N/A</p>	
<b>Psychiatric History</b> (Age of first mental health contact, past diagnosis, self-harming behavior, suicide attempts, etc.) <p>N/A</p>	
<b>Treatment Summary</b> (Form of treatment, engagement in treatment, date entered, voluntary, etc.)	

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Patient and family engaged in behavioral health services and met with a BHC same day as primary care appointment. BHC met with family and scheduled a follow-up appointment within a week. Family was brought back in, and it was identified that pt struggles with boundaries and eating nonfood items. Mother reported that pt was eating all kinds of items all times of days. Mother and pt presented to appointments and follow-ups jointly. In total mother and pt presented to 4 appointments.

## Barriers to Treatment

Mother reported that finding childcare for the other child and transportation due to location of home and hospital was stressful. During treatment it was noted that mother struggled with both children and being the sole caretaker during the day. Mother reported that monitoring pt and sibling while making meals was difficult. Mother reported that father works 4–10-hour shifts and was often gone before the children wake up and not back before bed. Mother reported that maternal grandmother lives over 2 hours away which makes getting support difficult and she is unable to drive.