

# Project ECHO: Sunflower Health Plan Case Presentation

## Presentation Information

**Series:** Special Healthcare Needs  
**Session:** Guardianship for Adults with Disabilities  
**Name:** Brianna Howell-Rygaard  
**Date:** 3/27/2025



## Patient Information

**Gender:**  Male  Female

**Age:** 39 years

### Race:

- American Indian/Alaskan Native Asian     Native Hawaiian/Pacific Islander     Multi-racial Other  
 Black/African American     White/Caucasian     Prefer not to say

### Ethnicity:

- Hispanic/ Latino     Not Hispanic/Latino     Prefer not to say

## Strengths and Preferences (goals, motivators, preferences, important to the individual)

Member’s goal is to maintain his current “job,” keep living as independently as possible, maintain his mobility and ability to freely attend activities he enjoys and to maintain/keep the relationships he enjoys. Member wants to maintain a healthy weight as he tends to lose weight due to his high metabolism and very active lifestyle. Member walks quickly everywhere he goes and walks several miles daily. Member’s relationship with his family is important to him. He struggled after his dad passed and he is very close to his stepmom.

## Relevant Social and Trauma History (Current living situation, employment status, pertinent legal history, level of education, relationship status, children, support)

Member lives independently in his own apartment. Member has had the same “job” volunteering with the ambulance department for the past 20 years; he cleans the bay. Member currently has a guardian, his dad (now deceased) and his stepmom (now in her 80s). Member has completed high school. Member is single but has recently started seeing a woman that his stepmom does not approve of and feels may be putting the member in a delicate situation as she lives with another man (although claims it is platonic) and she has inserted herself in areas the guardian does not feel is her place. Member has no children. Additional supports in the member’s life includes another sibling, but guardian does not feel they would be a good co-guardian due to their own issues.

## Relevant Medical History (Diagnosis, conditions, etc.)

**Epilepsy & recurrent seizures:** Member seizure diagnosis is being managed by a neurologist. Member is compliant with his medications. Member’s seizures are caused by his Rasmussen’s Encephalopathy.

**Rasmussen’s encephalopathy:** Member contracted this from his biological mother when he was very young. The condition is managed by his neurologist.

**Genital adrenal hyperplasia:** Member’s diagnosis is being managed by his PCP. Member is compliant with his medications.

## Medication Summary (Name, dose, frequency, route)

Member takes all of his medications annually. His medications are:

- Topiramate 75 mg BID
- Clobazam 20 MG QPM
- HyDrocort 10 mg BID
- Levetiraceta 1000 MG BID
- Lamotrigine 200 MG BID
- Fludrocort .1 mg BID

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|   |  |  |  |
|---|--|--|--|
| <b>Lab Summary</b> (Test, result, date, etc.)   |  | <b>Toxicology Summary</b> (Test, result, date, etc.) |  |
| n/a   |  | n/a  |  |
| <b>Substance Use History</b> (Substance, age of first use, age where use became problematic, longest period of sobriety, how sobriety was achieved, method of use)  |  |  |  |
| Member has no substance abuse history.  |  |  |  |
| <b>Psychiatric History</b> (Age of first mental health contact, past diagnosis, self-harming behavior, suicide attempts, etc.)  |  |  |  |
| Member has no mental health history.  |  |  |  |
| <b>Treatment Summary</b> (Form of treatment, engagement in treatment, date entered, voluntary, etc.)  |  |  |  |
| Click here to insert summary  |  |  |  |
| <b>Barriers to Treatment</b>  |  |  |  |
| There is no identified guardian to step in if something should happen to the member's stepmom. She does not feel comfortable with the member's sibling being a co-guardian as she does not feel he would make the decisions to be in the member's best interest. Member's guardian cannot identify anyone in the member's life currently that she feels would be an acceptable guardian who would have the member's best interest at heart. |  |  |  |