## Project ECHO: Sunflower Health Plan Case Presentation

,			
<b>Presentation Information</b> Series: Closing the Gap- Special Healthca Session: Financial Planning Name: Morgan Cruse/Sherry Biddle Date: 3/13/2025	are Needs	<b>ECHO</b> <sup>®</sup>	
Patient Information Gender: 🛛 Male 🗆 Female Age: 32 Race:		Sunflower Health Plan Kansas	
<ul><li>American Indian/Alaskan Native Asian</li><li>Black/African American</li></ul>	<ul><li>Native Hawaiian/Pacific Islander</li><li>White/Caucasian</li></ul>	<ul><li>Multi-racial Other</li><li>Prefer not to say</li></ul>	
Ethnicity:			
Hispanic/ Latino	🛛 Not Hispanic/Latino	Prefer not to say	
Strengths and Preferences (goals, motivator	rs, preferences, Important to the individual)		
Good Listener Expressive & Communicative Observant Family-oriented Ambitious Hopeful Would like to live closer to his dad			
Relevant Social and Trauma History (cu system, etc.)	urrent living situation, employment status, pertinent legal histo	ry, level of education, relationship status, children, support	
Member is 32 years old. High School graduate. Communicates verbally and is able to verbalize his wants and needs. Member receives residential and day services from a licensed provider. He also has a TCM. He lives with 5 others. Member was employed but he quit his job as he was not happy about his SSI and food stamps decreasing. He reported he wanted to live closer to his dad. Member was removed from the family home when he was very young due to abuse & neglect by his biological father and biological grandparents. Member's father has reappeared in his life and will make promises and then don't keep them. An example is he informed member he can come live with him then didn't follow through. Broken promises by his father are precursors to self-harm. Member is able to talk and text his dad. There has been police involvement over the years due to being inappropriate with women, stealing, self-harming, property destruction, and being physically aggressive towards others. Parsons Outreach was utilized in the past to provide behavior strategies.			

## Project ECHO: Sunflower Health Plan Case Presentation

Relevant Medical History (Diagnosis, conditions, etc.)	Medication Summary (Name, dose, frequency, route)
Schizoaffective Disorder	Lunesta Tab 3 mg @ HS
Bipolar Disorder	Risperidone Tab 0.5 mg BID
Oppositional Defiant Disorder	Clonidine Tab 0.2 mg @ HS
Anxiety	Loratadine Tab 10 mg QD Daily
Obsessive Compulsive Disorder	Acetamin Tab 500 mg PRN
Depression	Omeprazole Cap 20 mg QD Daily
Impulse Control	Gabapentin Cap 300 mg BID
PTSD	Fluoxetine Cap 20 mg QD Daily
Moderate Intellectual Disability	Levothyroxin Tab 25 mg QD Daily
	Nystop Pow 1000000 EX PRN
	Clotrimazole CRE 1% EX BID
	Metformin Tab 500 mg QD
Lab Summary (Test, result, date, etc.)	Toxicology Summary (Test, result, date, etc.)
Lab work was completed on 1/2/25	N/A

Substance Use History (Substance, age of first use, age where use became problematic, longest period of sobriety, how sobriety was achieved, method of use)

No history of substance abuse or drinking

Psychiatric History (Age of first mental health contact, past diagnosis, self-harming behavior, suicide attempts, etc.)

Member threatens to harm others as well as self-harm. He utilizes the crisis hot line, mental health services. When denied access to preferred items or activities member will elope. When he elopes, this is when he will self-harm or go to the ER and state that he is going to self-harm to obtain access to items.

Treatment Summary (Form of treatment, engagement in treatment, date entered, voluntary, etc.)

Click here to insert summary

## **Barriers to Treatment**

Willingness to accept things that have happened in the past. Noncompliance with medications & therapy. Not willing to work with his current team who is trying to support him. Member has the capability to live more independently and have more alone time, but mental health concerns prevent this from occurring. He is unable to distinguish why it would be inappropriate to live with his father after childhood abuse & neglect has occurred. Member will become fixated on his needs and ask repeatedly when they will be met. Would like to work and has a dream job in mind, however, resistant to continue working once he starts as he sees it as decreasing his money.