



### SUNFLOWER ECHO PRESENTATION

Stephanie Coleman

Autism Family Educator

Kansas LEND and Kansas Family Support Center

University of Kansas Medical Center

Super Mom to Matthew John, 29

- Graduate of University of the Ozarks
- Licensed driver at 23
- Future KC Royals cameraman

Our Motto ~ don't tell me it's impossible until after I'm finished!

### TRANSITIONING TO ADULTHOOD

### Milestones take time

# Focus on the positive

- College
- Driver's License
- Jobs

- Promote what she/he does well
- Stay patient and positive

### **VOCATIONAL REHABILITATION**

- Pre-ETS (Kansas)
- Job assistance/Job Coaching
- Employment Training/Education
- Competitive Integrated Employment
- Working Healthy Program (Kansas)



### POST-SECONDARY

KU – TPE

Thrive – UCM

Access Services – JCCC

Clear Program - JCCC

Arkansas – Autism Program

University of Ozarks - Jones Learning Center

Think College - <a href="https://thinkcollege.net/">https://thinkcollege.net/</a>

### CDDO/REGIONAL CENTERS

- Home and Community Based Services
  - I/DD Waiver KS II-I3 year wait list
    - In-home supports to live independently
    - Residential Services
    - Targeted Case Management
    - https://www.kdads.ks.gov/commissions/homecommunity-based-services-(hcbs)/programs/i-dd
  - Community Support Waiver (2026)
    - https://www.kansascsw.com/
- Kansas Community Developmental Disability Organization (CDDO)



### SOCIAL SECURITY

- Supplemental Security Income
  - How to apply <a href="https://www.ssa.gov/benefits/disability/">https://www.ssa.gov/benefits/disability/</a>
  - Use for any expense related to individual
  - May work
  - \$2000 resource limitation
  - Receive up to \$943 month
  - SSDI Social Security Disability Insurance this is for those who have worked

# SPECIAL NEEDS TRUSTS ABLE ACCOUNTS

- Special Needs Trust
- Protected Asset
- Consult with Attorney and Financial Advisor

- ABLE (Achieving a Better Life Experience)
   Accounts
- Limits 19,000/100,000/475,000
  - 100,001+ balance SSI counts
- Investing, Grows tax free
- Age 26 (46 starting 2026)
- https://www.kansasstatetreasurer.com/able\_saving
   s.html

Disclaimer: Informational only. I am not a financial advisor; this is not financial advice.

### GUARDIANSHIP VS. SUPPORTED DECISION MAKING

- Supported Decision Making
- Medical Power of Attorney (POA)
- Limited POA Financial
- Release of Information (ROI)
- Guardianship Full vs. Limited
  - Voting/Driving/Marriage Rights can remain intact
- Revoking Guardianship

Disclaimer: Informational only. I am not an attorney; this is not legal advice.

- DRIVERS EDUCATION
   COURSES
  - JCCC
  - Ability KC
- FREE STATE ID TO THOSE
   REGISTERED TO VOTE
  - DE-VID I

HTTPS://WWW.KSREVENUE.OR

G/PDF/DE-VID1.PDF

## DRIVERS LICENSE/ STATE ID – KANSAS

### COMMUNITY ORGANIZATIONS

Families Together, Inc

Disability Rights Center

 Kansas Disability Rights Center SACK – Self-Advocate Coalition of Kansas Kansas Council on Developmental Disabilities

Special Olympics – not just sports

Autism Society – Heartland Down Syndrome Innovations Independent Living Centers

 The Whole Person – Offices in KS and MO

### SUPPORT GROUPS

- Form your own
  - Start with one person then each invite another
- Kansas City Autism Spot Facebook
- Autism Society Heartland http://www.asaheartland.org/
- Check your local place of worship
- Peer to Peer Programs (Childrens Mercy, Families Together, Kansas Family Support Center (coming soon)



### KANSAS FAMILY SUPPORT CENTER

- Tier I: Primary Education
- I. ECHO/Webinar Series
- Tier 2: Secondary Support
- I. Referral Services
- 2. Modified OASIS Direct Service Provider training
- 3. Child Adult Relationship Enhancement (CARE) workshops
- Tier 3: Individualized Treatment
- I. OASIS Parent Training
- 2. Parent Child Interaction Therapy
- 3. Other care/training as needed

Contact: <a href="mailto:kfsc@kumc.edu">kfsc@kumc.edu</a>
Website: <a href="https://kfsc.ku.edu/">https://kfsc.ku.edu/</a>





## ALL SESSIONS CAN BE FOUND ON THE KANSAS LEND

**YOUTUBE PAGE** 

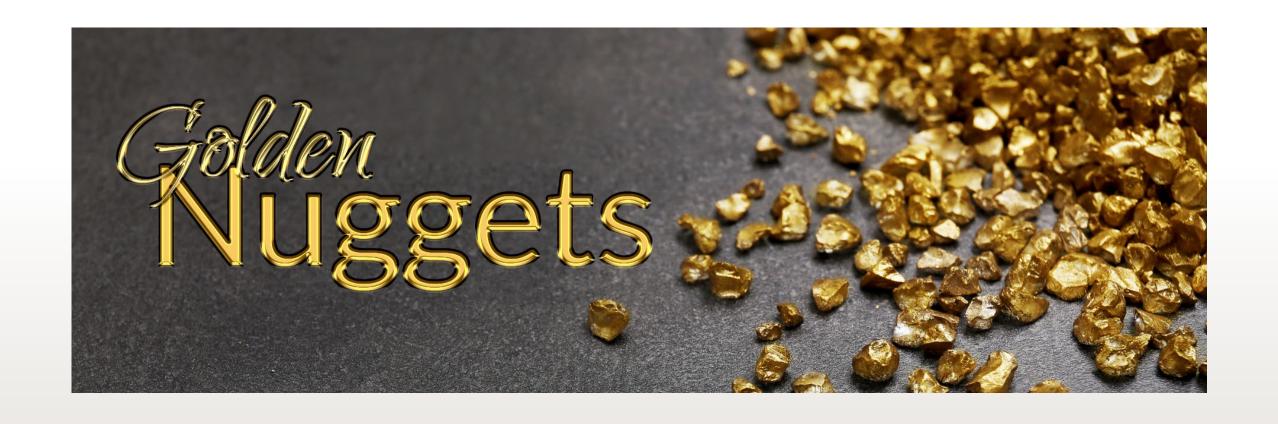
### CHARTING THE LIFECOURSE



#### **Core Belief:**

All people have the right to live, love, work, play and pursue their life aspirations in their community.

- Principles
- Star
- Trajectory
  - Individual
  - Family
- www.lifecoursetools.com



SHARE INFORMATION, CREATE ADVOCATES, CREATE SYSTEM CHANGE



# QUESTIONS

### **CONTACT INFORMATION**

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